

West Norfolk Early Help C-19 Round up

Hello Everyone

This information is in addition to last week's listings. if you would like a copy of last week's listing please let me know. Also please let me know of anyone who would like to be on the distribution list.

Don't forget to let us know as your service restarts so that we can share the information with partners

Apologies for any cross posting;-

The information is in three sections;- new services/events; updates from existing services; /Vacancies

There is attached [A PDF version for those who wish to post it to websites etcetera.](#)

[Also attached is Stories of Lynn Summer Activities Poster](#)

[Also attached is a Suicide Prevention Leaflet for Children](#)

[Also Attached is a Money Advice Hub/ Morrisons Outreach Leaflet](#)

New services/events

Stories of Lynn Summer activities

Every weekday 10am - 3pm Monday 3rd- Friday 28th August

Mondays - Museums in a Jar

Tuesdays – Peace

Wednesdays – Everyone's an artist

Thursdays - Peddlers and Traders

Fridays – Buildings

Activities are free for admission fee paying children (£1.95) and one accompanying adult goes free Sessions are limited and pre-Book only 01553 774297 www.storiesoflynn.co.uk
Please see attached poster

Gaywood Library

Gaywood Library is currently closed, and due to reopen on Monday 3 August with measures in place to keep everyone safe.

See our [coronavirus update](#) for a list of libraries that are currently open and which services are available

Suicide prevention leaflet

The attached Suicide Prevention Leaflet Z card is for children and young people to download, print and use or adults and professionals to share with children and young people and use as an aid for signposting to local support.

Mask anxiety, face coverings and mental health

MIND have published information advice and guidance which explains why masks can cause difficult feelings and gives practical tips on how to cope. Includes information on exemptions for mental health reasons.

<https://www.mind.org.uk/information-support/coronavirus/mask-anxiety-face-coverings-and-mental-health/#TipsForCopingWithMasksAndFaceCoverings>

Asthma UK have also published some advice for asthma sufferers

<https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/what-should-people-with-asthma-do-now/should-i-wear-a-face-mask-or-face-covering/>

Latest government advice and guidance can be found at

<https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own>

ASD Helping Hands Behaviour Management Resource Book

ASD Helping Hands have seen a huge rise in referrals regarding Behaviour. They are therefore offering you all their Behaviour Booklet completely free of charge!

In our effort to support everyone affected by Autism Spectrum Disorders you can download this 80 page resource booklet completely free of charge to keep forever.

Topics include:

- The Neuroscience of Behaviour
- Understanding Behaviour
- Understanding the different types of strategies
- Dealing with Anger
- ADHD and Behaviour

Download Booklet

Family Learning Café Monday 3rd August

Join [@NorfolkAdultLearning](#) for their #FREE and fun Family Friendly Café on 3 August, 10.30am. This session will be themed around being active, and they will be joined by Jo Thompson from [@activenorfolk](#). Find out how to stay active over the summer, join in some fun activities and find out more about other Family Learning courses. Suitable for families with children aged up to 11 years. <https://bit.ly/39C96fC>

For more information visit www.norfolk.gov.uk/adultlearning

Parent Focus Group from Children& Young People's Health Service

Is Covid-19 Impacting on your child's communication development?

Carla Nichols works for Norfolk County Council and is working to develop our Early Childhood System for families of children aged 0-5yrs.

A range of partners are working together to understand the impact of Covid-19 on children and young people in Norfolk.

We want to hear from families about the effect on Children's Speech, Language and Communication development so that we can develop our services so that families can access the support they need.

Please join us to talk about your experiences, concerns and help us to develop services for you and your children.

We want to hear from families about the effect on children's speech, language and communication development.

Please join us online to find out about what support is already available to families in Norfolk. A chance to talk about your experiences and help us to develop services for you and your children.

Join us by using this link: bit.ly/norfolkmeet7

Thursday 6th August at 10:30am or 7:00pm

To find out more contact Michelle on 07833524216

or email michelle.walker6@nhs.net

Fix your Bike Voucher Scheme: apply for a voucher

If you are a keen cyclist and have an old bike gathering dust at home, you can apply for a £50 voucher to get it repaired. The Fix your Bike Voucher Scheme allows members of the public to receive a voucher worth up to £50 towards the cost of repairing a bicycle.

Members of the public who want to apply for a voucher contact the [Energy Saving Trust website](#).

If you're a bike repairer and want to take part in the scheme, [read our guidance for bike repair businesses](#).

The scheme is open to anyone in England who has an unused cycle in need of a repair.

However, as there are a limited number of vouchers available, please consider the needs of others before applying for a voucher and do not delay making planned repairs outside of the scheme should your circumstances allow it.

Vouchers can only be used with bike repairers or mechanics that are registered for the scheme in England, and up to two vouchers can be claimed per household.

A full list of terms and conditions and eligibility criteria is provided when you register.

If you are a cyclist, from 11:45pm on 28 July 2020, you can [apply for a voucher on the Energy Saving Trust website](#).

Keep the kids active during the holidays from Active Norfolk

Find holiday clubs and online activities to have fun and stay safe

In this most unusual of summer holidays there are plenty of ways for kids to stay active and smiling while staying safe.

Some holiday activity providers have been able to adapt their sessions to be Covid-secure, while others are taking their activities online so kids can log on and join in from home. Use our [Holiday Zone activity finder](#) to find virtual and face-to-face activities including multisport clubs, football summer schools, and online dance and fitness taster sessions for a wide range of ages.

Through the holidays you can continue to access our free [resources and ideas to keep kids active at home](#) and ideas to [enjoy being active outdoors](#).
Here's to an active, happy, and safe summer holiday!

[Find an activity](#)

Respect and Drive webchat perpetrator service launch

The [Respect Phonenumber](#) in partnership with [Drive](#), has launched a webchat service to provide advice for professionals working with perpetrators of domestic abuse during COVID-19 and beyond.

The advice is available to all professionals, including:

- probation officers,
- social workers,
- mental health and health care professionals,
- domestic violence advisors,
- police officers,
- other professionals.

An adviser will help respond to urgent questions about working with perpetrators of domestic abuse, particularly where the perpetrators in question are high-harm and high-risk.

The webchat is available to offer free support and guidance every Monday, Wednesday and Thursday between the hours of 10am-12pm and 2-4pm. If you need this service outside of these times or want to find out more information about the service, please email info@driveproject.org.uk.

The webchat can be accessed on both the [Respect website](#) and the [Drive website](#)

Building Better Opportunities Virtual Engagement Café

(Bring your own coffee and cake)

Join our BBO online community come to BBO Café and chat to others

Dates

4th August at 2pm

18th August at 2pm

1st September at 2pm

To join us on Zoom Contact Amanda or Perry to book your free place or to find out more
Call/text (mobile rates apply) Or by email

Amanda on 07813 811742 awalls@cpltrust.net

Or Perry on 07813811745 pschelts@cpltrust.net

www.cpltrust.net

Facebook: CP learning Trust-Peterborough

www.communitiaseast.co.uk

Funding will support projects in England that tackle poverty and promote social inclusion. It is funded by The National Lottery Community Fund and the European Social Fund

West Norfolk Borough Council Discretionary Grants for Local Businesses

On 1 May 2020 the government announced it was allowing local authorities to develop policies to pay discretionary grants to local businesses affected by COVID-19.

The closing date for applications - round 2 - under this policy is 9:00am on Thursday 6 August 2020.

These grants are to be paid from the limited amount of funding made available by central government. As funding is limited this policy is restricted to those businesses the government has specified are a priority plus businesses we consider to be local priorities.

Any business or trader wishing to claim the grant must first meet the government's mandatory criteria:

1. They are not eligible to claim a grant (regardless of whether they have actually claimed a grant) under: The Small Business Grant Fund, The Retail, Hospitality and Leisure Grant Fund, The Fisheries Response Fund, The Domestic Seafood Supply Scheme, The Zoos Support Fund, and/or The Dairy Hardship Fund
2. They were trading on 11 March 2020 from the premises they are claiming the grant for,
3. They were not in administration, insolvent or subject to a striking off notice either on, or since, 11 March 2020.

Only one grant is payable per business / trader under this policy.

Further details

https://www.west-norfolk.gov.uk/discretionarygrant?fbclid=IwAR3kqdz2eC_-DPS7gECTEezuDfu0Ywzf41QIejbHsyk0zhqs_H5fwMFO4lw

Updates from existing services

CPL Trust Support for Job Seekers

Building Better Opportunities Project from CP Learning Trust

Unemployed and looking for work?

Has this effected your confidence?

Would you would like some help improving your chances & opportunities?

Maybe, you would like to learn and gain new skills?

Contact Perry Schelts and find out how we can you help on: 07813 811745
or at pschelts@cpltrust.net www.cpltrust.net

This project is funded by the European Social Fund and The National Lottery Community Fund. To find out more about the project please visit www.communitieseast.co.uk

MONEY ADVICE HUB NEWS

Please note that Money Advice Hub's service & development manager Alex Christian's contract has now ended, MAH wish him all the best with his new pursuits.

For the time being Sam Nurse will be taking over Alex's cases and will be the main referral contact, so that she can maintain continuity and service clients with minimal disruptions. MAH colleague Wendy Curtis is a qualified debt specialist and approved debt relief order intermediary and will be providing temporary cover when necessary.

CONTACTS FOR REFERRALS

Sam Nurse direct: sam.nurse@moneyadvicehub.org.uk **Mobile:** 07985858880

King's Lynn Office Number: 01553 886828

Helpline: 0333 305 7648 help@moneyadvicehub.org.uk

Google Referral Form: <https://forms.gle/wLPmX8r1C18NSPRc8>

Please note that you will find a new field on the Google Referral Form - **Has the client been given a Money Advice Hub Welcome Pack?** this is a link to the welcome which contains a lot of useful information for clients and might encourage engagement. The welcome pack can be emailed if there is an email address available for the client, if not, MAH will send the welcome pack once we have made contact.

[Welcome Pack Link](#)

MORRISONS OUTREACH FOR FACE TO FACE APPOINTMENTS

At the moment, our King's Lynn office landlord - Broadland Housing Association, has advised that they are not allowing the public to access their building which of course we understand. However, the King's Lynn Morrisons store has very kindly offered us a free room every Wednesday. We are not marketing this location but will arrange face to face meetings there by appointment. There will be an appointment booking system for referrers to book clients

in direct to available appointment slots - not all referrers will be in a position to do this, but for those that can this will improve engagement and it is more efficient. MAH will be in touch once this is operational.

MAH have conducted a health and safety risk assessment for the Morrisons outreach, please find [here](#). MAH also have an information leaflet for clients opting to attend the face to face appointments which is attached.

If there are any outstanding issues with any cases referred, please do not hesitate to get in touch with Sam Nurse and thank you for your patience while MAH settle into a new routine.

Vacancies

Daisy Programme Community and Early Help Lead

Community & Early Help Lead
30 hours per week
Fixed term contract to 31.08.2023
£19,000 per annum
Closing date: 10th August 2020
Start date: 1st October 2020

The Daisy Programme is a Domestic Abuse charity covering Breckland in Norfolk. Our charity has grown organically over the last 5 years and is a busy, well-established charity for people across the area. We provide a wide range of therapeutic interventions to our clients.

We are recruiting a Community & Early Help lead to enable indirect support to be provided to professionals in other organisations, both statutory and voluntary, to support the Early Help Hubs' response, enhance professional practice, and build sustainability. The intention is to place the Community

& early help lead in the Breckland Early Help Hubs and community venues where they can provide advice and support to staff from other agencies as well as promoting the Daisy Programme and increasing referrals to other Daisy services.

The postholder will manage, oversee and co-ordinate the work of the 6 Daisy Volunteer Ambassadors to support their work raising awareness of Domestic Abuse in the local community through engaging with people, groups and organisations to build understanding and awareness of domestic abuse through delivery of information sessions and attendance at local events. The Ambassadors will facilitate group support and networks and deliver Freedom Programme to survivors of Domestic Abuse

We are looking for someone who enjoys working as part of a team, has the ability to create positive working relationships, and has a passion for improving the response to domestic abuse across statutory and voluntary services. The ideal candidate will have experience of delivering client-led interventions as part of a multi-agency approach, and the ability to assess risk and help create robust safety plans.

The role is subject to receiving satisfactory references, DBS check, and a six-month probationary period.

Interviews will be held Tuesday 18th August 2020 either in person or via Zoom, depending on ongoing Government advice.

For further information, a job description or to apply, please email:

programdirector@daisyprogramme.org.uk

Tel: 07572 654808

CARING DADS PROGRAMME FACILITATORS (x3)

Caring Dads are recruiting three facilitators to run a Caring Dads Programme in Kings Lynn.

The programme is looking for both male and female facilitators

The Caring Dads Programme is an eighteen week parenting programme for harsh and abusive fathers. It meets once a week for two hours in the evening.

Facilitators will be responsible for group facilitation, maintaining an attendance log, and submitting a weekly group update with brief notes on all of the men attending. In addition, facilitators will be expected to provide an evaluation of each father's performance and meet with the father and his referrer after the completion of the group.

The two-day training will be paid for by Men's Craft and will be conducted on line in four sessions:

- Wednesday, September 2, 9.30am—1.00pm
- Friday, September 4, 10.00am—1.00pm
- Wednesday, September 9, 10.00—1.00pm
- Friday, September 11, 10.00—1.00pm

You must be able to attend all four sessions of the training and commit to providing the Caring Dads Programme. The first group will run from the 5 October 2020 and end on 15 February 2021.

Hours:4 /week paid at £20/hour.

Direct professional experience of working with fathers and families would be advantageous (or comparable skills).

Further details contact: markbw@menscraft.org.uk

Kind regards and keep well

Karen and Keith

If you can dream - and not make dreams your master;

If you can think - and not make thoughts your aim,

If you can meet with Triumph and Disaster

And treat those two impostors just the same:.

If- Rudyard Kipling