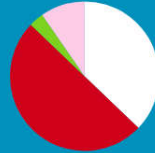
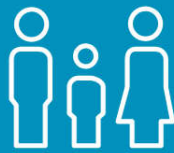


Norfolk Young Carers Forum 'Getting Our Voices Heard' 2018

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responses

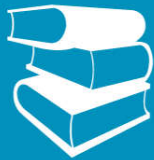
78 young people said they receive no support

Who the young carers are caring for



- Sibling (37.16%)
- Parent/Step-parent (50%)
- Grandparent (3.21%)
- Other (9.63%)

51%



of young carers said that no-one in their school, college or workplace knew of their caring role

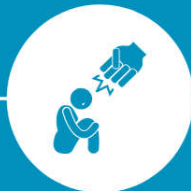


1 in 3 young carers were caring for someone because of a mental health issue



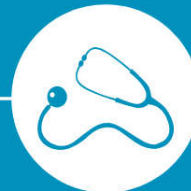
55%

of young carers started caring between the ages of 5 and 8



25%

of young carers said they had been bullied because they are a carer, or didn't want to talk about it



86%

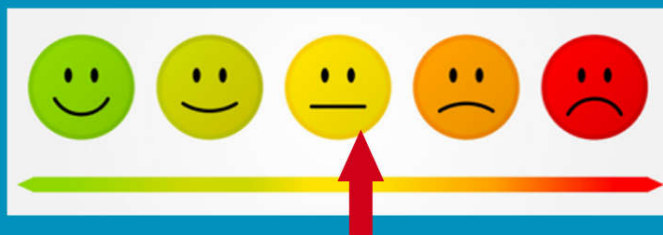
of young carers said they have never spoken to their GP about being a carer



9

young carers said they receive support online

How being a young carer makes me feel



This backs up the results from our Healthy Carers Survey where young carers scored their mental health as 5.4 out of 10



11%

of young carers said their caring role has impacted their school attendance

