

OCTOBER 2017



DA CHAMPION TRAINING EVENTS:

Education Staff only

30th Nov & 7th Dec 2018 Norwich PDC

24th Jan & 7th Feb 2018 Magdalene Gates Primary School

Healthcare staff only

23rd & 30th January 2018 Breydon Clinic, Great Yarmouth

30th Jan & 6th Feb 2018 Queen Elizabeth Hospital, Kings Lynn

15th & 21st Feb 2018 Norfolk & Norwich Hospital, Norwich

9th-10th July 2018 Queen Elizabeth Hospital, Kings Lynn

Contact da.change@norfolk.gov.uk for further details and to book a place.

DA CHANGE CHAMPIONS CONFERENCE/MEGA NETWORK EVENT – 28th November 2017!

Only 10 spaces left!! The conference/mega Network event will take place on **Tuesday 28th November at the Green Britain Centre, Swaffham 10-4**. This is open to DA Champions only. The following guest speakers will be attending:

A DA survivor

David Ashcroft – SCRs and Learning

Jon Shalom – DHRs and Learning

Julia Sandell & Amanda Murr – Coercive Control in Norfolk

Mark Osborn – Primary Prevention with Dads

Further guest speakers to be confirmed!

To book on, please follow this link:

<http://www.smartsurvey.co.uk/s/dachampion/>

Sexual Abuse Awareness Workshop

When: Thursday 2nd November, 10-12

Where: South Norfolk District Council – Council Chamber – Long Stratton

What: The Sexual Assault Referral Centre, will be running a workshop for domestic abuse champions, raising awareness on sexual abuse.

What will be covered?

- What is Sexual Abuse?
- Power and control around Sexual Abuse
- Challenges of disclosing
- Relevant Legislation
- Court Procedures
- Services of the Harbour Centre



This is open to ALL domestic abuse champions, but we will be booking more in across the county at a later date. To book your place please email da.change@norfolk.gov.uk with **“Sexual Abuse Workshop”** in the subject.

Norfolk DA Champions Network

Local News and information
Page One/Two

General Domestic Abuse News and information
Page Three

Useful resources
Page Four

CONTACT US

Email:

da.change@norfolk.gov.uk

Zoe Harding
07450 649853

Christen Williams
07818 077275

Paula DeVaux
07342 084432

#IWalkedaway

Website here:
[I Walked Away](#)

Welcome to Tabatha – Tabatha Breame has started as the Domestic Abuse Change Co-ordinator in the South locality. Tabatha will be working part time; Monday, Tuesday, and alternate Wednesdays. Alongside this role, Tabatha will continue working within South Norfolk Hub, as their domestic abuse caseworker. You can contact Tabatha on Tabatha.breame@norfolk.gov.uk



LOCAL NEWS



One of our Domestic Abuse Champions Sinead Murray, who works as a family practitioner in Kings Lynn has raised hundreds for Daisy Programme. Sinead cycled 300miles from London to Paris, and raised over £370 for the domestic abuse charity in Breckland. Sinead has previously cycled from London to Brighton, and her next venture will take her from Land's End to John O'Groats. Sinead says "I think everyone should take part in a charity event. It is an amazing life experience. Doing it for charity makes it so much more special." Read more [here](#).

Our service has been mentioned in the EDP this month. "So far a wave of almost 800 champions have been trained across the county from a wide variety of organisations, from social workers to dentists. Domestic abuse change co-ordinators – Zoe Harding, Paula DeVaux and Christen Williams – have organised more than 40 champions courses in Norfolk". We now have a total of 834 champions trained to date. Read the story [here](#).

A Christmas craft fair, vintage and makers market will be held at Cafe Britannia, overlooking Mousehold Heath, From November 24 - 26. All stallholders' fees will be donated to Leeway and the event has been timed to coincide with White Ribbon Day on November 25 and the 16 days of action against domestic violence campaign. Customers at both Café Britannia and Bistro Britannia will also be invited to 'Round up for Leeway' when paying for their meals across the whole of the Christmas period, and important information about the charity – including their confidential helpline number – will feature on menus.



Don't miss out on a visit to Norfolk's MASH - Briefing Sessions now available:

Would you like to find out more about Norfolk's Multi-Agency Safeguarding Hub (MASH)? A new series of FREE briefing sessions are now available. These briefing sessions are to increase the understanding and knowledge about the MASH and how it works. These sessions prove very popular, so book early to avoid disappointment. Click [here](#) to find out more and book a place.

Job Spot: Victim Support are currently recruiting for volunteer roles in Norfolk. They are looking for a Service Delivery volunteer, a Coroners Court volunteer and a Bank staff volunteer. Visit their [website](#) for more information on the role, and details of how to apply.



Bal Kaur Howard delivers bespoke training packages to multi-agency professionals within Norfolk (amongst other counties). She has recently recruited a co-facilitator Ren Masetti, who has 25 years worth of experience in the substance misuse field, his training style is lively with humour in order to make the participants feel comfortable with a very uncomfortable and stigmatised subject. If you, or your colleagues are interested in substance misuse training, please visit the [website](#) for more information.

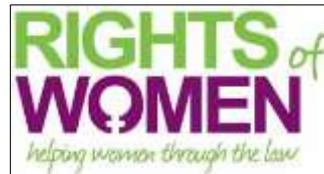
How we broke free from abuse. Eight Women from Suffolk and Norfolk share their stories. Click [here](#) to read some eye opening and inspirational accounts of women who have broken free from abuse "Now I don't class myself as a victim – I'm a survivor" Gillian, 58. These woman have been supported locally by charities Leeway (Norfolk) and Lighthouse (Suffolk).

A man, Kestutis Bauzys has been jailed 17 years for the murder of his long term girlfriend Dzilva Butiene in Wisbech. Bauzys brought his partner over from Lithuania to England in hope for a "new life". It was reported that Bauzys was becoming increasingly "aggravated" with his partners drinking, and stamped on her. When paramedics arrived he tried

to inform them she was an alcoholic and died of injuries from falling over. The post-mortem found that she had died of injuries to her abdomen. This has been reported as another “horrendous case of domestic abuse behind closed doors”. Read more [here](#).

NATIONAL NEWS

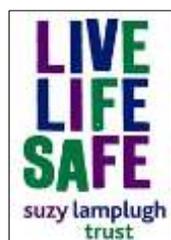
We often discuss in our training how challenging it is for EU residents to access financial support within the UK. Rights of Women is now offering a new service to support DA victims with immigration issues in accessing Legal Aid. Where possible, RoW will support victims to apply for “exceptional case funding”. **Exceptional case funding** is a type of legal aid that is available to individuals who apply to the Legal Aid Agency and who can show their human rights or European Union rights would be breached if they did not have legal aid. Read more [here](#).



A new report created from the data from the Office of National Statistics (ONS) reveals that nearly half of child abuse victims will experience domestic abuse in later life. Young adults aged between 16 and 24 were most likely to be victims, and children who experience more than one form of abuse were more likely to experience DA. The study highlighted that 77% of children who had experienced four types of abuse would go on to experience DA as an adult. Read more [here](#).

The police have received almost 30,000 reports of children sexually assaulting other children in the past four years, figures have revealed. Reports of “peer on peer” abuse have increased by 71%, with 4,603 cases reported in 2013 compared to 7,866 in 2016, according to a Freedom of Information (FOI) investigation by BBC Panorama. Charities are now urging parents to talk about sex beyond the “birds and the bees” with their children from an early age, to instill healthy sexual habits. They believe parents, alongside schools, must play a role in educating children about sexual conduct from a young age. Read more [here](#).

How to identify perpetrators of domestic abuse and coercive control – Professor Nicole Westmarland, director of Durham University’s Centre for Research into Violence and Abuse has written a guidance about working with perpetrators. It is recognised that lots of practice and research is focused on working with victims/survivors and not perpetrators, which was further reported by recent OFSTED reports. Read more [here](#).



Suzy Lamplugh Trust, which runs the National Stalking Helpline has secured funding to work with perpetrators of stalking. The initiative, which is the first of its kind worldwide, will aim to improve the response to stalking perpetrators through the criminal justice and health sector, looking at rehabilitative treatment for stalkers. It aims to get a better understanding of the mental health problems associated with stalking, and the psychological drive behind stalking behavior. The project aims to break the cycle of obsession, fixation and harm. Read more [here](#).

The Crown Prosecution Service have released their 10th Violence Against Women and Girls (VAWG) report, which you can access and read [here](#). The report highlights that more defendants are being prosecuted and convicted for sexual offences than ever before. DA prosecutions have risen by 47% and convictions by 61% over the past decade, however, there has been a worrying drop in prosecutions in the last year. The report also shows that since the introduction of the coercive control law, 309 offenses have been charged and reached the first hearing.



There have been recent recommendations from the Home Office to include the children’s voice in Domestic Homicide Reviews. Joanna Sharpen from Against Violence and Abuse talks about the importance of involving children. She states this should be done on a case by case basis, but if it is done in the correct way, it can be empowering and healing for children to have their voices heard. Dr Lucy Allwright from AVA also talks about the importance of discussing substance misuse and mental health in DHR’s – watch both these interesting accounts [here](#).

A man has been jailed in Shetland for subjecting his wife to 30 years of domestic abuse. Robert Simmons, 62 used a variety of means to dominate, humiliate and assert control over his wife, causing her “untold distress”. Simmons has been jailed for 2 years and 8 months – the Crown Office reveals the abuse ran from December 1988 until March this year. Read more [here](#).

An MP, Liz Saville Roberts is trying to introduce a new law to create a register of those convicted of domestic abuse. This is a step further than the current Clare’s Law, which often requires victims or professionals to request information of past convictions. The new proposed bill would put more responsibilities on perpetrators, who would have to inform police when they are in a new relationship, failure to do so could result in imprisonment. Read more [here](#).

RESOURCES



Last month, during sexual health week (11-17th September) a sexual health charity, Brook, launched some free e-learning courses on Consent and Pleasure. The new Brook course is designed to “teach the teacher” and provides materials and activities to use with young people. It aims to provide educators with knowledge, expertise and skills to deliver high quality sex and relationship education. “Consent” equips professionals with information on law, gender norms and stereotypes, whereas “Pleasure” goes beyond biology to talk about the enjoyment of sex. Knowing about both of these enables practitioners to talk about the difference between non-consensual and pleasurable sex. For more information on this, and to access the e-learning, follow this [link](#).

The Royal College of General Practitioners have produced a Safeguarding Adults at Risk of Harm toolkit. It provides infosheets, templates, and handy guides for all the primary care team. The toolkit assists good knowledge and use of relevant legislation when promoting good care for adults at risk of harm, or those lacking the capacity to make decisions for themselves. The toolkit can be used by any general practice in the UK. Access the toolkit [here](#).



Women’s Media Centre, Speech Project have created an Online Abuse Wheel which summarises the tactics, legal issues and impact of online abuse. Tactics can be either legal or illegal, ranging from ‘google bombing’ to ‘revenge pornography’.



The wheel looks at the legal issues that arise from online abuse, such as copywrite infringement and intentional infliction of emotional harm. The impact of online abuse is vast with personal effects, to professional life and reputation being harmed. Access the wheel [here](#).



West Norfolk Carers have a range of Workshops on offer for carers. All workshops are 2 hours long, with a cost of £5 at Providence Community Care Centre, Kings Lynn. Workshops range from “managing stress” to “overcoming general anxiety” to “social and emotional wellbeing”. Follow this [link](#) to find out more and to access the booking form.

Please send any news about domestic abuse from your organisation for inclusion in next month’s newsletter to da.change@norfolk.gov.uk. If you would like to be added to the distribution list for this newsletter, please email da.change@norfolk.gov.uk with “Newsletter” in the title bar.

