

Young Carers

Support available in Norfolk



nycf@carerstrustnorfolk.org



What support is available for Young Carers in Norfolk

Norfolk County Council Commissioned services **Boom! Young Carers (County-wide)**

- *Run by The Benjamin Foundation*
- *Young Carers Groups* – 3-weekly, term-time only after school groups for young carers aged 6-12 and 12-18
- Groups take place across the county
- The organisation fundraises to try and provide trips and activities outside of term-time
- In order to be referred, Young Carers will have a Young Carers Assessment first through NCC.



Support available

Non-commissioned services (A-N)

Carers Trust Norfolk - 1-2-1 support for Young Adult Carers across Norfolk and a group in Kings Lynn.

Connects and Co – Groups and 1-2-1 support for Young Carers & Young Adult Carers aged 5-25 in Norwich and Dereham.

Great Yarmouth & Gorleston Young Carers – Group support, trips and activities for young carers aged 8 to 18 in Yarmouth and Gorleston area.

Holt Youth Project – Groups and 1-2-1 support for Young Carers around Holt and surrounding area



Support Available

Non-commissioned services (N-Z)

Norfolk Carers Support – Groups in Norwich and 1-2-1 support for Young Adult Carers aged 16-25 across Norfolk

Speada – Groups for Young Carers in Terrington St Clement

West Norfolk Carers – Groups and 1-2-1 support for Young Carers aged in Kings Lynn area and Meecham.

Wymondham Young Carers – Groups for Young Carers in Wymondham area.



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Young Carers Needs Assessments

- As a result of the Children and Families Act 2014, **every** young carer has the right to request an assessment of their needs from Norfolk County Council.
- It doesn't matter how old they are, who they care for or what type of care they provide.
- We co-produced a guide to these assessments with Norfolk County Council Children's Services – www.nycf.org.uk



NYCF, Who are we...

- A Lottery funded project giving young carers and young adult carers in Norfolk a voice
- Open to young carers and Young Adult Carers across the county
- Meetings and outreach occur across the county
- We raise awareness, run training sessions, help with interviewing & commissioning and try to make things better for young carers and their families



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NYCF 'Young Carer Friendly Tick' Award

- Young Carers have told us that better identification and support in schools, colleges and universities is crucial.
- As a result, NYCF have created the '**Young Carer' Friendly Tick Award** which is a set of standards for education providers designed to help them put in place the key things that young carers have asked for in terms of helping improve identification and support.
- For more information on this, visit www.nycf.org.uk



Any questions?

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Norfolk Young Carers Forum



LOTTERY FUNDED

