

# Family Support

**The Family Support Process**

- What is it?
- How can it help you?

The Family Support Process is a way of helping children, young people and families that need a bit of extra support.

It means you get the right people offering the right support at the right time.

We want to make sure that you get the help you need as early as possible.

### How does it work?

**1** Someone who works with you may suggest the Family Support Process or you can ask if you think you need some support.

**2** You will have a conversation with your worker and this will help to fill in the Family Support Form. This is where you get a chance to talk about how you feel about things and what you would like to see happen.

**3** A small team of people will work together to help you get the support you need.

This could include a youth worker, workers at school or anyone who has the skills to help you best.

We will make sure you know exactly who is involved and make sure you meet them.

**4** You will help us decide who will be the lead worker. This person will organise whatever support you need. They will be able to answer any questions you have.

**5** The team will meet regularly to check things are being done and decide what needs to be done next. You can attend these meetings if you want to and we will make sure you get the support to do this.

Everything is going to be **OK**